

ALLERGIES & MEDICAL FORM



Wings Gymnastics Society

Mailing address: Suite 278, 205-329 North Road, Coquitlam, BC V3K 6Z8

Gym location: Cameron Recreational Complex, 9523 Cameron St. Burnaby, BC V3J 1L6

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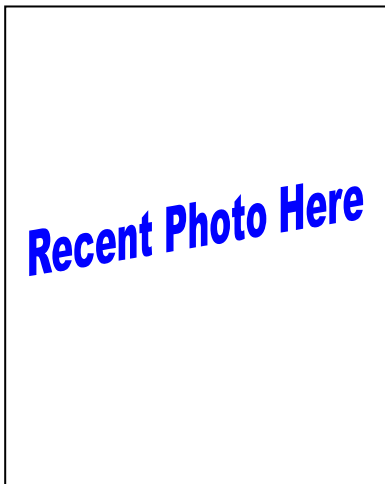
We may have several gymnasts who have life-threatening allergies to a number of things: peanuts being one of them. We ask that everyone take care to make sure hands are washed before coming to gym, and that no food is brought and shared without parental supervision and a number of other pre-cautionary measures to keep our gym as allergen-free as possible.

We contacted Gymnastics BC and we asked them to give up some direction on how we should handle an emergency situation should it arise. And we enlisted the help of parents with allergic children who had a few good tips.

Parents should equip each child with a pouch or a ziploc bag to be handed to the coach and taken back home after if the parent IS NOT staying in the lobby. The following should be included:

- * Epipen, Bendryl or whatever medication required with clear instructions.
- * A photo clearly identifying the child.
- * A complete description of the allergy and all the possible signs and symptom's of the child's allergic reaction.
- * An action plan with clearly-defined steps.
- * Contact numbers in order of priority.

If your child suffers from severe allergies or has any medical concerns that our coaching staff needs to be fully aware of, please complete the following section and enclose a small photo of the child:



Name: _____

Birthdate: _____

Parents Name: _____

Parents Emergency Contact Number: _____

Doctor: _____

Doctor's Phone Number: _____

Medical Carecard Number: _____

Emergency Contact Numbers (Not parents): _____

Describe the allergy or the medical condition in detail and procedures to follow should or if and emergency occur:

Our coaches are certified in Standard First Aid and CPR-C.