



Wings Gymnastics Society Communicable Disease Plan

Please note: this document is subject to change following provincial health and safety requirements.

This Club Communicable Disease Plan has been approved by the Wings Gymnastics Society Board of Directors on September 14, 2021.

Wings Gymnastics Society

Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to always maintain, and additional measures to be implemented as advised by Public Health.

Wings Gymnastics is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases. Wings Gymnastics will complete the following:

1. Wings Gymnastics will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea).
2. Wings Gymnastics will promote hand hygiene by providing hand hygiene facilities in the Cameron Recreation Centre washroom and hand sanitizer will be available at the Sports Hall entrance, with appropriate supplies and reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices;
3. Wings Gymnastics will maintain a clean environment through routine cleaning processes by sanitizing at the end of every night with Bio Cleanz.
4. Wings Gymnastics & Cameron Recreation Centre will ensure building ventilation is properly maintained and functioning as designed;
5. To a reasonable extent, Wings Gymnastics will support employees in receiving vaccinations for vaccine-preventable conditions.
6. Wings Gymnastics is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.